LifeConnect Group Discussion Questions

"THE MISSING PEACE: PEACE WITH GOD" – Philippians 4.4-9 September 23, 2018

Ice breaker: What's the best thing that happened to you this week?

To gain some context, read Philippians 3.12 to 4.9. Understand that as Paul wrote this letter, he was chained up in a Roman prison.

- 1. How does Paul, who wrote the letter to the Philippians, advise the church there to deal with conflict and disagreement?
- 2. Why is it significant that Paul wrote about rejoicing twice in the same verse?
- 3. What do you do to relieve stress and worry in your life?
- 4. What does Paul say to do?
- How does what you think about affect how you feel? (Remember the quotation from A.W. Tozer from Sunday's message: "What goes into a mind comes out in a life.")
- 6. How does what you think about affect your relationship with God?
- 7. What are some things you can fit the characteristics in verse 8?

For further reflection:

- On a scale from 1 to 10, what is the stress level in your life?
- What is your body saying to you?
- How can prayer help?
- Do you have both peace with God and the peace of God? What's the difference?
- Remembering that we can't earn peace with God, consider some of the things you have tried to do to earn peace with God. Rejoice that it is a gift.
- It's one thing to think about that which the Scripture encourages, but it's another thing to act on what you've thought about. Spend some time in prayer, asking God for the grace to act on the things we are encouraged to think about in this passage.